

Kia ora all

Support Our School - PTA Quiz Night Fundraiser!

Thank you to those of you who have entered a team for the quiz. We would really love more of you involved in this fun filled night.

Please enter your teams using the code
or eMail the PTA:
pta@ashleyrasahuri.school.nz



Please start dropping off items for our quiz night as mentioned in the flyer to the side. We are also looking for items we can auction so if you have a company that can donate something we would be very grateful. Please make contact with the PTA if you have anything you can give as an auction prize. The more items that are donated means the PTA have less expense in running the event. Every block of chocolate brought in contributes to the bigger fundraiser so please bring what you can. Every bottle or voucher make the event more exciting and in the end mean more funds for the school.

pta@ashleyrasahuri.school.nz

**PAID UNION MEETING
EARLY FINISH.....21ST AUGUST 12.30-3.00PM**

PLEASE ENSURE YOU EMAIL ME ON: principal@ashleyrasahuri.school.nz
IF YOUR CHILD REQUIRES SUPERVISION ON THIS AFTERNOON WHILE THE
STAFF ATTEND THE MEETING.

TEACHER ONLY DAY
22ND AUGUST SO THAT STAFF CAN COMPLETE MOE PROFESSIONAL DEVELOPMENT IN THE
REFRESHED MATHEMATICS CURRICULUM.

WHAT'S FOR LUNCH?

At the end of last term, **Tōtara students** spent a whole maths session gathering data about a variety of products which we often see the packaging of, lying around our grounds after food breaks. Every day, there is rubbish in our playground, and snack packaging of one kind or another can always be found. When this was discussed in class, Tōtara students were comfortable that any rubbish from our school would be going to landfill. But what exactly is landfill?

The definition of a landfill is a site for the disposal of waste materials. It is the oldest and most common form of waste disposal, and the closest landfill to Ashley Rakahuri, is of course Kate Valley. There is evidence that traditional chip bags, even those labeled as compostable, may not decompose well in landfills due to lack of oxygen and microbial activity.

Our intention with this project was:

- Compare a range of snack products to see how economical they are.
- Products analysed were:
 - Potato chips- Bluebird Originals, Pam's Originals, Heartland
 - Bluebird Mix- Twisties, Rashuns, Burger Rings
 - Doritos, Pams and Mexicano corn chips
- Check ingredients of these products to see how healthy they are.
- To report back to the school community in the hope that the results might encourage parents and students to make changes to what is in lunch boxes each day.



What the students found.

1. Overwhelmingly, large packs of all snack products were much more economical than the multipacks of small bags.
2. On average, potato chips in the large bags were bigger, and those in the small bags were more likely to be pieces of whole chips.
3. Small multi bags of chips and other products usually held around 13-15 items.
4. Some of the snacks were very greasy, while others left a lot of highly coloured debris on the collection paper.
5. Flavoured potato chips and corn chips, as well as Twisties, Rashuns, and Burger Rings, contained high proportions of salt and sugar, and lists of numbers and preservatives.
6. The Mexicano brand of corn chips was the most natural product as it only contained corn and vegetable oil.

Recommendations:

Students in Tōtara would like to recommend the following to reduce waste which our school has to dispose of, and to help our families with ideas for saving money on school lunches.

- Snack foods such as those analysed, should be kept as a treat, not everyday items because of the high fat, salt and sugar content.
- If children are going to bring potato chips (for example), it is sensible to buy a large bag, and to pack 15-20 chips in a zip lock bag, or small container, or use a compartmented lunch box. These can be reused and school does not have to deal with the packaging.
- Alternative snacks could be - home made mini muffins; veg sticks and/or crackers with dip; home made fruit jellies in small lidded containers; boiled egg; dried fruit; home made energy balls; home made crunchy roasted peas or edamame.

We enjoyed this project and hope that it might prompt some discussion about school lunch boxes, and help with our continual lunch box waste problem.

Chris Meehan and Tōtara class.





DAFFODIL DAY

Friday 29th August

**Wear yellow
Non uniform day**

Donations can be made via lunch online or cash
collection on the day.

Funds raised with go to the Cancer Society



REACH ASSEMBLY FOCUS FOR THE WEEK

This Week's Focus

Giving To Others

Giving to Others at Ashley Rakahuri could be:

- + Giving someone help when they need it - possibly with their school work.
- + Giving someone a compliment or positive encouragement.
- + Giving someone your time - to play a game or to hang out

'Giving to others' is one of the 5 areas of Poutama Tamariki - a year long challenge our year 7 and 8's complete. They have many different ways they give to others like; cooking their family a 3 course meal, donating money, clothes, time to charity, helping out in their neighbourhood and this year they (and plenty of others) completed the 40 hour challenge.

Why Giving to Others Matters

It Makes People Feel Good

When we give to others—whether it's our time, help, or a kind word—it can brighten their day and make them feel cared for and valued.

It Helps Us Grow Kind Hearts

Giving teaches us to think about others and show empathy. It helps us become thoughtful, generous, and caring people.

It Builds Stronger Communities

When everyone shares and helps, our school and wider community become places where people feel safe, connected, and supported.

Within our school community we are very good at this and an example of this is the way the community has rallied to provide meals and cookies for a family with a lot going on at the moment with a medical event of a family member meaning they are stretched to capacity. Your contribution has been so well received from this family who have said it has made such a difference to their days to not have to think about what to have for dinner. There are still some openings in the schedule for more people to contribute so please - if you can find time to make a meal that would be fantastic.

Please pick a date and drop the food in the school kitchen.

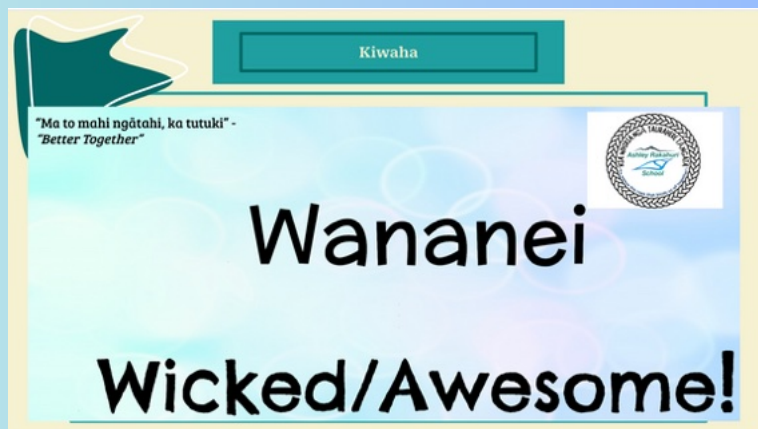
Here is the link to Meal Train if you are able to help.

<https://mealtrain.com/wOr621>

KARAKIA TĪMATANGA

Matua te tihi
Matua te kaha
Matua te āio
Matua te mana
Whiua te hā kino
Tokia te hā ora
Ki ruka, ki raro
Ki waho, ki roto
Hui e, tāiki e

Connect to strength
Connect to energy
Connect to peace
Connect to mana
Strip away the negative
Instill the positive
From above, from below
From outside and from within
United and connected



Each week we have a new kiwaha (saying) that we practice as a way to build up our reo. This is introduced on a Monday at assembly.

Our karakia for this term - this is how we start our day and also any assemblies. This was chosen this time by our Kaitātaki and Mrs Standen.

Dates For Your Diary!

- 16th August PTA Quiz Night
- 19th August Year 5 and 6 One Day Winter Sports Tournament
- 21st August Early finish for PUM 12.30pm**
- 22nd August -Teacher Only Day
- 4th September 'Take the Floor' Speech Finals - Year 4-8
- 5th September Ruataniwha Kapa Haka Performance
- 10th September Quad School Speech Finals
- 12th September Ashley Rakahuri Wearable Arts Show
- 16th -18th September Koru Games Year 7 and 8
- 19th September -End of Term 3
- 6th October -Start of Term 4
- 23rd October Whole School Athletics at Loburn Domain
- 27th October -Labour Day
- 29th October Tri School Athletics at Loburn Domain
- 10-12th November -Year 5 and 6 camp to Woodend
- 11th November Rakahuri Zone Athletics
- 13th November -Teacher Only Day
- 14th November -Show Day Holiday
- 26th November Canterbury Athletics
- 30th November Tūhono Kapa Haka Performance
- 2nd-5th December -Year 7 and 8 camp to Living Springs
- 9th December Whole School Prize giving at Baptist Church Hall
- 10th December Year 8 Leavers Dinner at RSA
- 15th December - End of School Year
- 29th January 2026 - Whānau Hui**
- 30th January - School Open for Instruction**
- 6th February Waitangi Day Holiday**
- 9th February Teacher Only Day - MOE Maths PLD**

PLEASE NOTE: ALL DATES ARE NOW ON A GOOGLE CALENDAR ON OUR WEBSITE